# DAYS OF PRAYER JOURNAL

### **CREATING A LIFESTYLE OF PRAYER**

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed. MARK 1:35

Prayer is most effective when it isn't something we do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

#### HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God whether it's first thing in the morning, at lunch, or in the evening and faithfully keep it.

#### HAVE A CERTAIN PLACE

Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

#### **HAVE A CERTAIN PLAN**

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it "The Lord's Prayer." As we pray every day, our plans for our prayer time can vary, maybe including worship music, Bible reading, and quiet time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.



### DAY 1- PRAISE!

Praise is the entryway into God's presence. It is simply telling him who He is. The Psalms provide a great starting point for this. Start the 21 Days of Prayer in God's presence by expressing Him words of admiration.

#### Read

Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.
Psalm 100:4

The eyes of the Lord are on the righteous, and his ears are attentive to their cry; Psalm 34:15

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

#### Write down who He is for you.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Children



# DAY 2- WAITING

When you're waiting for something, God's perfect timing can often feel like a torture device or an empty phrase people resort to when they don't know what else to say. Just because we know God has perfect timing doesn't make it easier to wait on it. During times of waiting, take some time to quiet your thoughts and become aware of God's presence, so you can listen to him.

#### Read

But I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content. Psalm 131:2

My sheep listen to my voice; I know them, and they follow me. **John 10:27** 

Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

Take notes of any prayer direction from the Holy Spirit that comes to mind.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Youth



# **DAY 3- CONFESSION**

When we repent, God blesses our land. Ask God to search your heart for any sin and take a moment to confess it. Turn away from it and receive God's forgiveness.

#### Read

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

#### Psalm 139:23-24

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.. **1 John 1:9** 

Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

Write down how you would turn to God for him to be strong in your weakness.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Government



# **DAY 4-SCRIPTURE READING**

Jesus guarantees that when we pray according to the word of God, our requests will be answered. Reading the Bible and memorizing it will empower you to speak with authority over your life

#### Read

If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. 8 This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

#### John 15:7-8

"Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. Matthew 18:19

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

#### Write down at least 2 bible verses that you will memorize.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Churches



# DAY 5-INTERSESSION

Do you know of other people who are in some kind of need? When we intercede, we ask God to move on behalf of others. Identify situations, areas or groups of people for whom you can ask for a spiritual awakening and pray for them.

#### Read

I urge you, brothers and sisters, by our Lord Jesus Christ and by the love of the Spirit, to join me in my struggle by praying to God for me.

#### **Romans 15:30**

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people2 for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. 1 Timothy 2:1-2

#### Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

#### Write the names of people who need God and places that need an intervention and intercede for them today.



Prau For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church arowth D) Pastoral Family



# **DAY 6-PERSONAL PETITION**

The Word teaches us that asking is the key to receiving From God. To ask, we must be humble. When we ask we know that we cannot obtain it ourselves. Identify areas in your personal life where you are thirsty to see God move. Ask your Father with faith!

#### Read

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. "Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? 11 If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him! Mathew 7:7-11

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

#### Write down your requests before the Lord here.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Families



### **DAY 7-SUNDAY SERVICE**

Be part of the prayer time in our service. Take notes of the message and how you will put it into practice in your life. Spend a time of prayer at the end of the day asking God to help you work with your thoughts.

Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Marriages



### **DAY 8-THANKSGIVING**

When we are grateful, we remember the blessings of our God. This changes our perspective from our circumstances to what God is doing. Thank Him for every blessing that comes to your mind or for those you find in the Bible. For example Psalm 103: 3.

#### Read

I will sacrifice a thank offering to you and call on the name of the Lord. **Psalm 116:17** 

give thanks in all circumstances; for this is God's will for you in Christ Jesus.

#### 1 Thessalonians 5:18

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

#### Write in your journal at least 10 reasons why you are grateful.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Our Country



# DAY 9-SING!

The entire book of Psalms is a collection of worship songs. Each chapter invites us to sing over and over again. The story in 2 Chr 20:1-25 tell us that praise is a powerful weapon against the enemy. Put on your headphones and sing along. Better yet, sing the song of your heart.

#### Read

Sing to the Lord a new song, for he has done marvelous things; his right hand and his holy arm have worked salvation for him. **Psalm 98:1** 

-Psalm 68 -2 Chronicles 20

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

Write the titles of the worship songs that you like the most and why. Hear them over and over and sing to your God.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Missions



# DAY 10-HEALING

The Word speaks that Jesus came to earth to bring good news to those without hope, that His presence brings freedom, vision, love and peace. He is the HEAL-ER! Declare healing, not only over your body, but also over your heart, over your relationships, your self-esteem, your finances... Speak healing in all the areas of your life.

#### Read

But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.

Isaiah 53:5

-Luke 4:17-19

Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

In what areas of your life are you needing the Healing hand of your God?



Pray For:
A) Fullness of the Holy Spirit in our lives and church.
B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it"
C) Our Church growth
D) Our Community



### DAY 11-FEAR

In a world where there is a new headline every hour, it can be very easy to start living in fear. But as followers of Jesus, we are called to live by faith, not to live in fear. Paul reminds us of this in 2 Timothy 1:7. When we begin to feel fear, it is the perfect time to pray.

#### Read

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline. **2 Timothy 1:7** 

-John 14:26-27

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

Write down some of the things that makes you feel fearful and go before your God in confidence.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) IChurch Ministries and Leadership



### DAY 12-PEACE

We can find peace in the midst of difficulties. Problems are part of life. Jesus is aware of this reality! In John 16:33 He makes it very clear. Rest in a God who despite your affliction is capable of giving you his peace. What is trying to steal your peace?

#### Read

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." John 16:33

-Psalm 16:5

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

Write it down and make sure you don't return your thoughts to it ever again.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Coronavirus- Healing for our land



## DAY 13-ANXIETY

Anxiety can come into our lives in many ways. It can be seen as a general feeling of restlessness during the day, a sleepless night, or a total anxiety attack. No matter what is causing you anxiety, see what Psalm 55:22 says about what to do.

**Read** Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken. **Psalm 55:22** 

-Matthew 6:34

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

Write 2 to 3 things that are causing you anxiety in your life, and give them to God.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Schools



### **DAY 14-SUNDAY SERVICE**

Be part of the prayer time in our service. Take notes of the message and how you will put it into practice in your life. Spend a time of prayer at the end of the day asking God to help you work with your thoughts.

Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Staff at IChurch



### **DAY 15-JOY**

Joy is finding our happiness, satisfaction, and delight in God. Joy is within our reach because it is a fruit of the Spirit, this means that no matter the circumstance, you can choose to live in joy.

#### Read

You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand. James 1:14

-1 Peter 1:8-9

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

# Find 2 or 3 reasons to be joyful today! Pick them up and be happy for them!



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Salvation for the lost



### **DAY 16-TEMPTATION**

"The devil made me do it!" Many people use this excuse to justify themselves when they fall into temptation or lose control. While it is true that the enemy is prowling the earth looking for people to destroy, it is also true that a follower of Christ has the power of God living within them. The Bible has a lot to say about temptation and self-control. Dig deep and you will find out!

#### Read

but each person is tempted when they are dragged away by their own evil desire and enticed. James 1:14

-Hebrews 2:18

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

Write down what you learned about temptation through today's verses.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) The sick and hurting



### DAY 17-DOUBT

Doubt is to be uncertain about something, to believe that something may not be true or is unlikely, to have no confidence in someone or something. In the contrary, Belief is knowing that Jesus is fully able to do anything. Belief is approaching Him with confidence that He will help, not wondering if He's capable. Mark 9:14-29 tells the story of a father who was struggling. Read to story to know Jesus answer to that man full of doubts. temptation and self-control. Dig deep and you will find out!

#### Read

Immediately the boy's father exclaimed, "I do believe; help me overcome my unbelief!" Mark 9:24

#### -Hebrews 11:6

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

#### Write down an area in your life where you need stop doubting.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Christian missionaries



### DAY 18-FAMILY

Have you ever heard: There is no perfect family. We could also say that at some point our family has disappointed us. However, have you asked yourself before, who have you disappointed? The reality is that there is no perfect human, and therefore every relationship will have flaws. But let me tell you that there is hope and it is found in love.

#### Read

By this everyone will know that you are my disciples, if you love one another." **John 13:35** 

-Ephesians 4:32

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

Try to love! Write down how you can show love to those around you.



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Layoffs and financial hardship



### DAY 19-WORLD

We live in a world where situations and events unfold that require us to come before God in prayer, to petition and plea and intercede on behalf of others. Across our globe, on a daily basis, situations unravel that will have a profound impact on individuals, communities and nations. You can make a difference in our World by praying today!

#### Read

for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior,

1 Timothy 2:2-3

-Psalm 34

# Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

# Write down 1 situation or event that has caught your attention in any part of the world and pray for it!



Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Military



# DAY 20-PRAY LIKE JESUS

When we don't pray, we rob ourselves of being more and more in harmony with the God and Creator of the universe! When we do draw near to God in prayer (especially prayer led by Scripture—like the Lord's Prayer, Psalms, etc.), something beautiful happens in our hearts, and to our faith.

#### Read

This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven.Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation,[a] but deliver us from the evil one. Matthew 6:9-13

Watch today's devotional video online at www.ichurchoka.com/21daysprayer, or listen to the audio CD.

After reading the Lord's Prayer, write down what that prayer means to you. Then use your own words to go before God in prayer.



Pray For:
A) Fullness of the Holy Spirit in our lives and church.
B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it"
C) Our Church growth
D) Victory in Spiritual Warfare



### **DAY 21-SUNDAY SERVICE**

Be part of the prayer time in our service. Take notes of the message and how you will put it into practice in your life. Spend a time of prayer at the end of the day asking God to help you work with your thoughts.

Pray For: A) Fullness of the Holy Spirit in our lives and church. B) Wisdom so we can prophecy to others that our God (His Excellency) is able and "He can do it" C) Our Church growth D) Prosperity and Favor

